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Heartbeat

887 Heartbeat: Text messaging to improve health
C M Otto

Editorials

889 Catecholaminergic polymorphic tachycardia: underestimated and overtreated?
A Pflaumer

891 Predicting the future of cardiovascular risk prediction
A Banerjee

893 Text messaging for prevention and treatment of cardiovascular disease: time to move on
M S Marcolino, J A de Queiroz Oliveira, A L Ribeiro

895 Cochrane corner: self-monitoring and self-management of oral anticoagulation
C J Heneghan, E A Spencer, K R Mahtani

Review

897 Cyanotic congenital heart disease and atherosclerosis
J B Tarp, A S Jensen, T Engström, N-H Holstein-Rathlou, L Søndergaard

Arrhythmias and sudden death

901 Nationwide experience of catecholaminergic polymorphic ventricular tachycardia caused by RyR2 mutations
A K Broendberg, J C Nielsen, J Bjerre, L N Pedersen, J Kristensen, F L Henriksen, H Bundgaard, H K Jensen

910 Long-term prognosis associated with early repolarisation pattern in Chinese population with atherosclerotic risk factors
Y-J Cheng, W-Y Mei, X-M Chen, L-J Liu, D-D Zheng, C-c Ji, K Tang, S-H Wu

Cardiac risk factors and prevention

917 Developing and validating a cardiovascular risk score for patients in the community with prior cardiovascular disease
K K Poppe, R N Doughty, S Wells, D Gentles, H Hemingway, R Jackson, A J Kerr

Healthcare delivery, economics and global health

923 Cost-effectiveness of a text message programme for the prevention of recurrent cardiovascular events
E Burn, S Nghiem, S Jan, J Redfern, A Rodgers, A Thiagalingam, N Graves, C K Chow

Valvular heart disease

931 Feasibility and predictors of early discharge after percutaneous edge-to-edge mitral valve repair
C Tamburino, S Buccheri, A P Rubbio, S Scandura, M E Di Salvo, S Mangiafico, S Imme, G Caruso, M Scalia, A Condorelli, M Barbanti, P Capranzano, D Capodanno, C Grasso

937 Antibiotic prophylaxis for infective endocarditis: a systematic review and meta-analysis
T J Cahill, J L Harrison, P Jewell, I Onakpoya, J B Chambers, M Dayer, P Lockhart, N Roberts, D Shanson, M Thornhill, C J Heneghan, B D Prendergast

Congenital heart disease

945 The management of the third stage of labour in women with heart disease
M Cauldwell, P J Steer, L Swan, A Uebing, M A Gatzoulis, M R Johnson

Education in Heart

952 Aortopathies in adult congenital heart disease ^[MCQs] and genetic aortopathy syndromes: management strategies and indications for surgery
J M Kuijpers, B J M Mulder

PostScript

967 Correspondence

Image challenges

909 84-year-old woman with dizziness
W Watson, L Ring, P Salahshouri

930 A 49-year-old with chest pain and collapse
A J Moss, K H H Lim, A G Japp



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^[MCQs] The online version of this article contains multiple choice questions hosted on BMJ Learning.

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