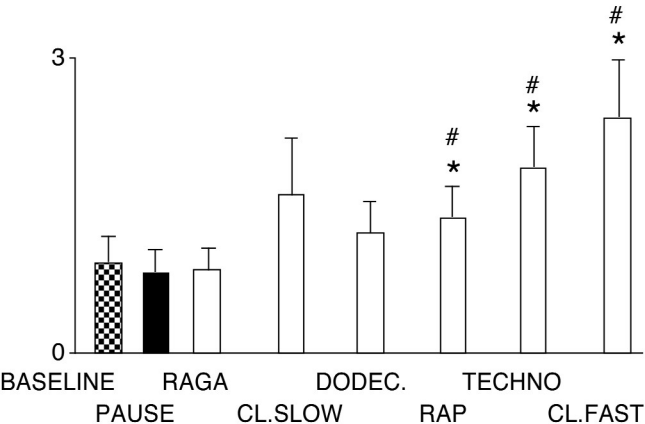


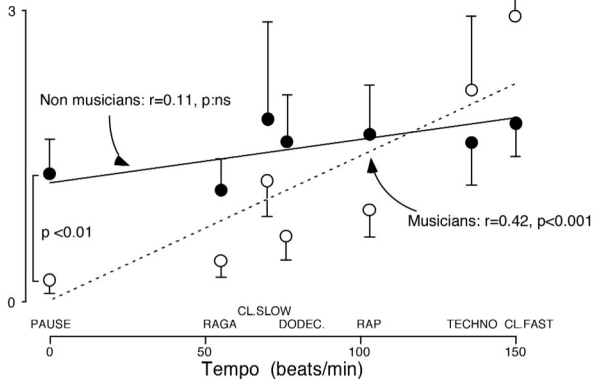
LF/HF ratio



Supplemental figure 1

Responses in LF/HF ratio of spectral analysis of heart rate variability for each intervention (CL: classical, DODEC: dodecaponic). *: $p < 0.05$, vs Baseline; #: $p < 0.05$ vs Pause.

LF/HF ratio



Supplemental figure 2

Relationship between music tempo and LF/HF ratio (open circles with standard error and dotted regression line) and non-musicians (solid circles with standard error and solid line). Abbreviations as in Figure 1. Musicians show larger responses to tempo.